

# Work, Food and Poverty in Wartime







The National Lottery through the Heritage Lottery Fund

Supported by



### THE WAR RATIONS MAN.

### Mr. Maconochie Leaves Fortune of £390.984.

Mr. Archibald White Maconochie, late Managing Director of the firm that supplied the army during the war with the ration of tinned meat and vegetables known as "Maconochie" left estate valued at £309,984 with net personality £107,985.

Allowin as £309,984 with net personality yalued at £309,984 with net personality £107,985. After bequests to his wife and family the testator declares "that my sons shall be educated with the idea of providing for their future by their own industry, and the gifts to them are upon the condition that, if they are physically, and mentally capable of so doing, they apply themselves diligently either to the business of Maconochie Bros or some other honourable calling." Any child who shall adopt the Roman Catholic faith is to forfeit his share under the will and in lieu thereof is to receive an annuity of £100. Mr. Maconochie lived at Codham Hall. Kent and Porchester Gate, Bayswater. He died on February 13, aged 71.

# **Bundle 1**









Photograph of Australian Troops with Western Front Grown Vegetables and Maconochie Joke



The Declaration of War was posted up on the Town Cross in Saltoun Square. Many thought it would be over by Christmas.

The fishing ended there and then, and John Ewen paid us what we were due. As they nailed up the shutters on the fishworkers' huts they were nailing the shutters on a golden age. My father, at the age of 56, joined the navy the following day with my brother Andrew.

...I got a job down in Lowestoft with Kirsten and Margaret, learning to kipper at Stirk's. . We could no longer take a walk around town at night, the shop windows were now in total darkness. Everything was blacked out. A wifie on the street shouted to us to take shelter as the 'Zepps' were over. We didn't know what 'Zepps' were but we very soon found out ! A pub called the Norfolk at the end of London Road was bombed and some civilian folk were killed.

We all went home for Hogmanay but travelling was a nightmare in the blackout. Our apprentice coopers "Curly" Crawford and "Scrow" Dingwell joined the army. We had embroidered cards from them a few weeks before they died in the Flanders mud.

Bread and flour became very scarce in 1915 and pressure was put on the Government to control the production of drink. Lloyd George was very worried about feeding the nation and almost got the Government to pass total prohibition.

..Rationing was enforced as food became more scarce. Each week we were allowed a half pound of sugar, 2 ounces of tea, 2 ounces of cheese, 5 ounces of butter or margarine, a shilling's worth of butcher's meat, a bar of washing soap and a bar of face soap. Folk were so undernourished it was no wonder that bad flu broke out at the end of the War.

We had intended to return to Lowestoft but had to register for work of national importance. Food production was in that class. ..Kirsten and I were given the choice between work at the munitions factory or Keiller's Foods in Dundee. We plumped for the latter. ..Dundee was a completely new experience for the people of the North East fishing and farming communities. We saw a lot of bow legged undernourished bairns.. and many families lived in just one or two rooms.

Extract from A Stranger on the Bars by Christian Watt Marshall pp93 - 95

7 September 1914. National Scheme for Relief of Distress occasioned by the War... Read circular-letter from the Local Government Board date of 14 August on this subject, in which the Board state that an Advisory Committee has been appointed to advise on the measures necessary to deal with any distress that may arise in Scotland in consequence of the war, that local committees were also being formed to consider the needs of the localities and coordinate the distribution of such relief as may be required , that these local committees would have the distribution of the National Relief Fund inaugurated by the Prince of Wales, and that it is of great importance,, with a view to enabling the Committees to discriminate readily between the applicants for aid and in order to prevent overlapping, that there should be close cooperation between them and the Poor Law authorities it was reported that the Chairman, Mr Clark, Mr Hendry and the Clerk of the Council were serving on the local committees and that the Clerk of the Council was also acting along with the Town Clerk as Joint Secretary to the Committee.

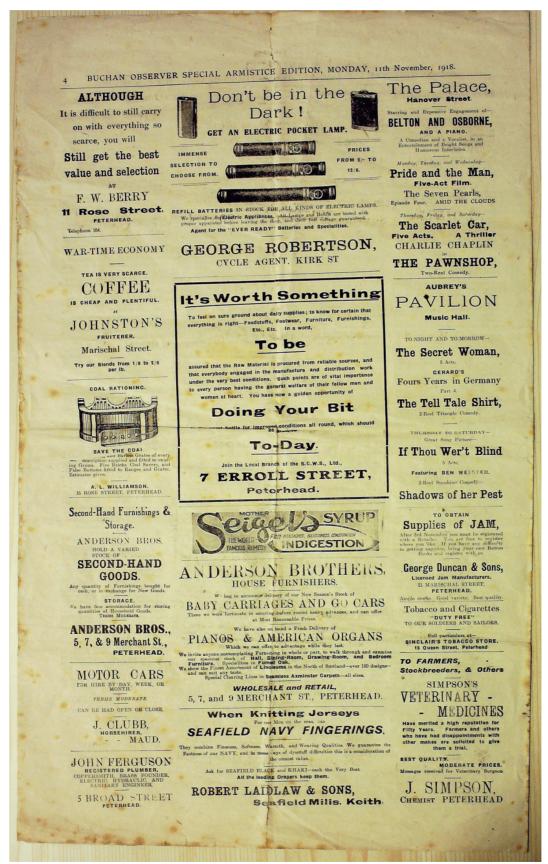
Cultivation of Garden Produce. Submitted communications form the Board of Agriculture and the Local Government Board of Date 24<sup>th</sup> and 27<sup>th</sup> August.

Assistance to wives of Soldiers and Sailors.-Read circular from the Local Government Board of Date 28<sup>th</sup> August as to the help available for the wives and other relatives of soldiers and sailors including territorials.

**High Price of Provisions.** Read letter from the general Board of Control for Scotland of date 17<sup>th</sup> August intimating that in certain districts of the country where work has more or less ceased some guardians, owing to the want of money and the high price of provisions have been finding it difficult to provide adequately for the maintenance of the patients under their charge and asking that enquiry be made to ensure that none of the Council's patients are so situated. The meeting decided that there is no such difficulty so far as the Councils' patients are concerned.

Minutes of Fraserburgh Parish Council

### **Bundle 1**



Buchan Observer, 11 November 1918

605	Em.	606
000	purile of meeting of Good Control Sub	Q. L. R. Q. H. L. L. Mar. L. Min. L'a
	Committee held in the 6 owneil Room on	Tostsoy, the bommittee decided after due deliberation
	Friday 19th October 1914 at 4'30 octoch pm	to recommend a flat sale of 1/6 per Imperial Gallow,
	Present.	to be charged from now up to end of march, 1918. It
	a is Billy flow and monthly plan	was elicited from the Retailers present that 8° per
	Grover Gray, Bailes Rac and Westyre, Dean	gallow was the proce was price.
	of Suild Duquid, Councillors Thomson, Ress, Bhomson	X The meeting as local authority proceeded to
- 14 A	Wiseman, Strathdee, 1000 Duthie, Into bampbell and	deal with tetail Coal Frices which were then fixed as
	William my onald ft.	undernoted and Schedules of prices sent to the Barff-
	The sporost presiding said, mey as a sooa	" chire Journal Rtd: and Barfishire Reported, Jorkon, for
	lasted dut bommittee had been called rogthes that	advertisement viz:- as follows:-
all have	night to consider the refail Trices of milk presently being	I sice of local.
	charged on the burgh to consumers. Their first duty was	The Yown bouncil of Porkoy, under power conferred
	to descuss the matter with the boal Retailers who were	on them by the Retail load Inico Indet 1914, hearby announce
Sec. 1	acked to be present for that purpose and thereafter to	that the following Schedule of Inerchas been drawn up
A Mar	decide on Netarl grees, to be seconsmended to be charged	by them ( affer consultation with Representatives of the
	which would appear to them, so a bommettee, to be put	Local Coal merchants as to their costs) as the maximum.
	to both produces and consumet	prices chargeable for the sale of coal by retail for
A. C. C.	The following Repailers, who are also Groduers	domestic purposes in the Bush of Bokoy.
	appeared at the meeting viz: We Bungers, mod Jarguhat.	Estruceted Sugado
	mesers mussay, Scott, need, Chalmers and Hay Information	Sale of I for at mose in bulk of in Bags.
	two raked on to call of headingtion and margin of	(a) Delivered into bellas perton. I 1 14 - I 1 11 -
	was asked as to cost of production and margin of	(b) Delivered at Contrance per ton. 1 13 6 1 10 6
1 march	profil required to enable the bommetter to recommend	Sale of 2 cuts, or less at Thops.
	a retail sate to definite information was however.	fut ewt. L . 1 9/2 18
1 Contraction	divide General Statements only as to increased	56 lbs, 11 ~ 10
	prices charged for toos and feeding shifts, were made	28 lbs,5
	and that some cows give more wilk and some two	14 lb-s, 3 - · 2'2
	than ethers. A kend size of 1/6 per I mperel salor was but low made to the low mittee as a	y lbs, 1'2 - 1'2
1 States and	Ballon was put forward by the bommittee as a reasonable figure, considering these was no delivery	Sale to Consumero at merchant's Nepoto.
	in the Burgh, With that price, foat of the Retailers	or Wharves or Railway Sidings per f
1	were projectly catisfied, five stress wanted 21- but	lon, 1 11 10 1 8 10
	altimately came down is 1/9 per Imperial & allow, bon	Just cust, 1 5/2 - 1 6/2 56 lbd, 1 6/2 - 9/2
	sidering that keep for battle is much more plantifat	
	this year, and that there is no delivery of will a	28 Abr. 52 - 5
	Zorboy	14 11 11

Portsoy Town Council Minutes concerning coal and food control, 19 October 1917 (part 1) Portsoy Town Council Minutes concerning coal and food control, 19 October 1917 (part 2)

614 615 The Provost presided. been fixed at 1/6 per imperial gallon by the docal lomm We as milk sellers protest against the price fixed as The bletk intimated that he had communicated to the Executive Officer, Banff, the decision arrived at by the insufficient to meet the high prices of cows, food etc bommittee at its meeting on 19 th October last, recommending also expenditure with wages being advanced etc that the flat rate of 1/6 per imperial gallon to the end of March 1918, should be the price at which milk sellers The least we can take to supply the town is 1/9 per gallon and the sustaments are pleased to have within the juris diction of the sub bommittee, should it at that price stated, owing to the scarcily at this sell milk and had received the following letter, with season. We undersigned. Copy advertisement from him in reply (digned) J. Burgess, E. Farquhar, Maggie Smith, James M. bouncil Chambers, Muttay, James Nicol, George Taylor. After consideration and discussion in the Banff. 31 st Octr: 1917 milk Prices. Deat Sit, course of which the Inspector reported on his personal Referring to your letter of 20th inst I now send you copy of advertisement which I have instructed in interviews with the milk sellers, on whom he had called Mrs Duthie moved that the prices previously fixed be adhered to and that a report be sent to the Food Controller the Banffshire Reporter for Saturday, 3rd November 1917. you will no doubt take steps to notify the various milk sellers in Portsoy for their particular information. of the Statement made by the milk sellers to the Inspector bouncillot Ross seconded. Bailie Mc Intyre proposed the Yours faithfully, 1 Signed & John Tough. following amendment, that a compromise be effected with the milk sellers, Mrs leampbell seconded. County of Banff. Food Control On the motion and amendment being put to the vote the Chairman declased the motion carried by The maximum retail price of milk at dairies within the votes for the motion, against 2 for the amendment. Back Burgh of Portsoy has been fixed at 1/6 per imperial gallon from 5th November 1919 to 31 th March 1918. would be sent him on the following day and it was all milk must be sold by imperial gallon of decided to wait until the following Monday before taking steps to enforce the milk sellers to comply with the fixed rate of 1/6 free Imperial gallon approved fractional parts thereof. . Ugned & John Jough, Executive Office The blesh intimated that a copy of the " advertisement had been sent to each of the milk sellers in Portsoy, and that they had protested against the price Abicciantinay port fixed and read the following protect sent by them to the Executive Officer at Banff. november 5 th 1917. 1 Scafield Terrace, Bostsoy Dear Sir, Secewed preces today segarding milk, which has

Portsoy Town Council Minutes concerning control of milk prices, 15 November 1917 (part 1)

Portsoy Town Council Minutes concerning control of milk prices, 15 November 1917 (part 2)

Minute of adjourned or Special Meeting of Town Council held in the bouncil Rose. on Thursday, 15th November 1917 at & o'clock

War-Time Cookery. Those who attended the demonstrations of war-time economical cookery which were held in the Mackie Academy, on Tuesday and Wednesday were genuinely surprised at the achievements of science in this con-nection. Some of the methods were per-haps a little elaborate to be adopted with any degree of success in the ordinary man's household; but that so many really excel-lent dishes could be produced on such a modest dipping into the domestic purse was a revelation to most of us. Even the first-class housewife who prides herself — and pardonably so — on the excellence of her household economy must have felt that the art of thrifty, yet wholesome, cooking has been adapted to the shortages of the times with remarkable success. The question comes to be, however, will the supply of the materials recommended hold out under the indicased demand, and, if it does, will the prices remain at their present level? **Extension of Food Rationing**. It has now been definitely decided by the Exced subservise of the Scheme of

prices remain at their present level? Extension of Food Rationing. It has now been definitely decided by the Food authorities to extend the Scheme of sugar, and this week forms of application for food cards have been distributed in the burgh. These forms are quite simple, and householders should find no difficulty in fil-ing them up properly. It should be care-fully noted, however, that all lodgers, do-mestic servants, visitors, etc., who cannot be classed as permanent members of a family should make an application at once to the Local Food Office for one of these forms. Unless that is done a food card cannot be classed to these persons. The food card ap-plication forms must all reach the Local Food Office before the rith of this mointn. The Scheme which is expected to be in force by the 18th of March will include butter; margarine and tea, although it is fully ex-pected that it will be further extended at a later date. An article which gives all de-tals with regard to the Scheme will be found on page 4 of the present issue. An Interested Court. found on pase T An Interested Court. This per often that there is such a g

Mearns Leader 8 February 1918

### Food Rationing in the Mearns.

DETAILS OF COMING SCHEME.

DETAILS OF COMING SCHEME. That there will be a system of raisoning instituted in connection with the distribu-ion of acticles of food other than sugar is tolerably certain, and we are obliged to the Executive Officer of the County Food Con-rel Committee (Mr R. B. Muridoch) for the following details re the scheme which will be introduced. We would advise our readers to cut the article out and keep it conveniently situated for future reference: --The area within which the Scheme will be operative embraces the whole of Scotland. The articles of Food to be included in the Scheme are meantime Butter and (or/Mar-garine and Tea, but provision is made by which at least two additional foodstuffs can be included under it by the issue of further cards. It is expected that the Scheme will be in operation by 18th March, 1918. Teach household will receive a form of ap-plication. The form is very similar to the original Sugar Card Application and the householder must enter thereon the quame. etc., of all persons permanently resident in his household and post it to the Local Food Office. The age of all those under 18 is necessary for any extension of the rationing scheme, for meat, especially. These forms after being returned to and ther persons who are temporary members of household suit apply to the Food Office for an 1, Individual Form of Application. These forms after being returned to and thecked at the Local Food Office will con-stitute a Food Register and a Food Card will be issued for (1) each household applica-tion that of the household. The heidvidual application form and eard head to the retailer with whom it is desired to register for any foodstuff and the retailer form that of the household. The heidvidual application form and eard the defare of relailer will be allowed and retailers must not canvas for customers. A customer will not be allowed to phansfer his registration within the district of his own Commit consent will not be allowed to phansfer his retail

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different areas. The customer must produce the card to his

The customer must produce the card tolbins retailer on dvery purchase of an article to which it relates. The retailer upon each cale of a rationed article must cancel the appropriate space of the card with an indel-ible mark. The purchase of a week's ration after the end of the week will be forbidden except in so far as this is allowed by the Local Food Office in any special case or class of case. 10

Local Food Office in any special case or class of case. In the case of households or individuals coming into the area where this Scheme is in operation from an area where the Scheme is not in operation a Food Card will be is-sued on application to the Food Office. The cases of solidiers on leave, etc., whi be dealt with by the issue of emergency cards appropriate to the particular case. Persons demoving from an area in which this Ford Scheme is in operation will lodge their Ford Card with the Executive Officer of either their old or new area. εđ

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#### TIME TABLE.

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Household and Individual Forms com-mence to be delivered 28th January. All Forms to be returned to Local Food Office 11th February. All Cards to be issued 25th February. Applications for Authorities to be issued to Retailers, etc., 4th March. Applications for Authorities to be re-turned to Food Office, 9th March. Authorities issued, 18th March. nie 1th-an

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Mearns Leader 8 February 1918

### to use Meat Cards.

EAT RATIONING ORDER, 1918. After April 7th, no person will be able to buy meat or a meat meal except on a Meat Card

Card Rinns of a meat meal except on a Meat Card KINDS OF MEAT CARDS. There are five kinds of regular Meat Card Meat Card proper and the Child halt the ordinary ration of meat, and each coupon of the Child's Meat Card may, therefore, be used to buy only halt as much meat as a coupon of the Meat Card is child. Children's Cards have been insurangements will be no had reached, the age of 6 on 1st Children's Cards have been are are a set child who had reached the age of 6 on 1st Children's Cards for other spectial cases while the the set of 5 on 1st Children's Cards for other special cases while the coupon of the Child meat and the set of 5 on 1st the set of 5 on 1st Children's Cards for other special cases weat Niko OF THE COUPONS ON THE MEANING OF THE COUPONS ON THE

Mearns Leader 12 April 1918

THE MEARNS LEADER THE MEARNS LEADER. for coupons to be detathed. If therefore you have acted used all your coupons for buying meat, your cannor obtain meat meats. The proprietor is not bound the supply you with any special weight of meat, but when he comes to account to his Food Office for dure one coupon for every 5 or of uncoked butcher's meat and pork he has used, and similarly with other kinds of meat. The restaurant may require you to give up only half a coupon for a meat meal, but it will then naturally not supply so much meat as for a whole coupon.



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### **Bundle 1**

### MEDICATED SUGAR FOR BEES.

CONTRACTORY

The Secretary to the Food Controller (Capt. Bathurst), replying to Sir W. Essex (L-Stafford), in the House of Commons, said the Board of Agriculture had arranged to grant a quantity of medicated sugar for the purpose of feeding bees in the United Kingdom. The sugar would only be available in the form of bee candy, and its proper use would be safeguarded by medication, under the advice of the bee experts of the Board of Agriculture. Its manufacture and sale had been undertaken by Pascal and Sons, Ltd., Blackfriars, to whom all applications should be addressed.

Stonehaven Journal, 4 January 1917

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Fetteresso Public School is to be shut for a week from Friday first for the potato lifting. Preliminary meetings in connection with the evening continuation classes were held this week at Cairnhill, Cookney and Netherley Schools, when it is understood that there were good attendances of prospective pupils forward, and itwas agreed to go with the classes.

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# SAVING THE BEES.

### FIFTY TONS OF CANDY FOR WINTER FOOD.

At the last moment the Royal Commission on Sugar Supplies has saved Britain's bees from starvation by alloting 50 tons of sugar for their winter consumption. They are to have it in the form of pink candy. Ever since the autumn, bees have been getting thin to emaciation. No living creatures have felt the sugar shortage more acutely.

The candy is stained pink, so as to designate the purpose for which it is to be used. Hitherto, it has been white—very like cocoanut ice, beloved of children, without the nut. This year is has been medicated with bacterol, an antiseptic compound which renders the sugar unfit for human consumption, and is a preventative against "Isle of Wight Disease," among bees. It is being made by Messrs James Pascall, Ltd., 100 Blackfriars Road L,ondon, and sold at 4s 7d for five 1 lb. cakes. Any profit is to be handed over to a charity selected by the Board of Agriculture.

Yr.

Stonehaven Journal

Stonehaven Journal, 18 October 1918

### Special Meeting 20th March 1917.

The council having resumed consideration of proposed arrangements for extending cultivation in the Parish with a view to increasing the production of food there was submitted a copy of a hand bill inviting applicants fro plots of ground to send in their names to the Clerk of the Council not later than 14<sup>th</sup> inst. Which had been widely publicised in the district as well as replies received from various landlords as to their willingness to give suitable ground for the aforesaid purpose to approved applicants.

It was further stated that no applications for plots had been received and the meeting accordingly resolved to take no further action in the matter, and instructed the clerk to inform the Secretary of the Agricultural Executive Committee for the County of this decision and the grounds thereof.

### THE MEARNS LEADER,

### Economic Cookery Recipes.

### SWEET POTATO PUDDING.

SWEET POTATO PUDDING. Ingredients.—1 lb. cooked potatoes, 1 lb. flour, 1 oz. sugar and syrup, little mixed spice, 1 oz. dripping or margarine, 1 teasp. baking powder, 2 oz. dates or raisons, pinch of salt, 1 dried egg or liquid egg. Method.— Beat fat and sugar to a cream in a warm basin. Add egg and beat well in. Mix flour, potatoes and baking powder to-gether, add to basin and mix lightly. Add salt, egg and fruit. Have a stiff consistency. Place in a greased basin and steam 12 to 2 hours. hours.

#### BEETROOT JAM.

Ingredients.  $-\frac{1}{2}$  lb. red jam (any kind), 1 large beetroot (weighing about 1 lb., 1 oz.

large beetroot (weighing about 1 lb., 1 02, sago, 1 pint water. Method.—Cook beetroot. (Wash, wrap in paper, place in a baking tin and bake in a moderate oven till soft). Remove skin, and either pound or mince beetroot. Boil sago and water till clear and syrupy. Add beet-root and jam and boil for a few minutes. Pour into jars.

### DUMPLINGS WITH STEWED APPLES.

Ingredients.— $\frac{1}{4}$  lb. dried apples, or 2 lbs. fresh apples. Method.—Wash apples and if liked soak

(for stewed apples only). Put in pan and cover well with cold water. Allow to boil and when boiling add suet dumplings. Cook hours. If necessary add more water. When ready, dish apples on a hot ashet and place dumplings round.

### OATMEAL SAUSAGES.

Ingredients.--1 lb. oatmeal, 1 oz. fat, 1 onion (chopped), pepper and salt, 1 pint stock water, or both, 2 oz. cooked meat, good teasp. vinegar. Method.—Proceed as for oatmeal stuffing

Method.—Proceed as for oatmeal stuffing. Add meat (chopped or minced) and bind well together. Add vinegar at side of pan, allow to boil and then mix into other ingredients. Season and allow to cool a little. Place on a floured board. Divide into equal portions and form into sausages. Coat with a mixture of flour and ground rice (eqcal parts). Fry into shallow fat. Drain and dish on a hot ashet. (Breakfast, supper, or with po-tatoes for dinner).

### Mearns Leader 10 May 1918

### FRIDAY, MAY 24, 1918.

### Economic Cookery Recipes.

#### POTAO SUET PASTRY.

Ingredients.— $\frac{1}{2}$  lb. flour,  $\frac{1}{2}$  lb, cooked po-tatoes,  $\frac{1}{2}$  teasp. baking powder, cold water if necessary, 2 oz. of suet, or 1 oz. suet and 1 oz. of nuts.

Method.—Mix flour, baking powder and potatoes. Add suet chopped and mix to a stiff dough using water if necessary.

### RICE AND CHEESE PIE.

Ingredients. -2 oz. cooked rice. 1 oz. gra-ted cheese, little sauce or milk, pepper and

salt, potato short paste. Method.—Mix rice and cheese together and add sauce and seasoning. Line piedish or tin with potato short paste. Prick foot and place in mixture (level with top of tin). Cover with a lid. Trim and decor-ate. Make a hole n centre. Bake in moderate oven 30-40 minutes.

#### SHORTBREAD.

Ingredients .- Quantity of ingredients as for potato short paste, and 1 oz, of sugar. Method.—Knead sugar in along with flour Roll out  $\frac{1}{4}$  inch thick. Cut into biscuits or fingers and bake in a moderate oven.

# POTATOES AND CHEESE. J + J

(Supper Dish). Ingredients.—1 lb. potatoes, 2 oz. cheese, few slices of onion,  $\frac{1}{2}$  pint water, pepper and salt.

Method,—Pare potatoes and cut in slices inch thick. Grate or chop cheese. Place inch thick. Grate or chop cheese. Place slices (thin) of onion in bottom of casserole or pie-dish. Add potatoes and cheese in al-ternate layers, having cheese on top. Add water, cover pie-dish and bake in oven  $\frac{1}{2}$  hrs. Five minutes before ready, remove cover and allow cheese to brown. Serve hot.

#### POTATO SHORT PASTE.

POTATO SHORT PASTE. Ingredients.—<sup>1</sup> lb. cooked potatoes, 2-3 oz. fat. 3 oz. flour, 2 oz. ground rice, <sup>1</sup> teasp. baking powder, pinch salt. Method.—Place potatoes and fat in a basin and beat till white and creamy. Add ground rice. Place flour on a board with baking powder and pinch of salt. Turn out mix-ture in basin and work the two together. If necessary add a little moisture.

### Mearns Leader 24 May 1918

### **Economic Cookery Recipes**

### CARROTS AS A VEGETABLE

Scrape carrots and cut into slices 1 inch htick. Place a very little fat, and melt it. Put in the carrots, sprinkle with salt, and cook gently 15-20 minutes.

### CABBAGE AND RICE.

CABBAGE AND RICE. Ingredients.—i medium sized cabbage, 2 ozs. whole rice, i tablespoon chopped onion 3 oz fat, r‡teacups water, seasoning. Method.—Wash cabbage and sook in salt and water, then shred it. melt fat in a pan add onion, and cook for a few minutes Add cabbage, sprinkle with salt, put on the lid and cook for 10 minutes. Wash rice, add to the pan with the water and allow the whole to cook until the rice has absorbed the water, about 20 minutes, season and pile on a not dish.

### STUFFED POTATOES.

Choose large potatoes of uniform size. Wash and scrub them. Bake in a tin with a little dripping until soft when pierced. Cu off a piece lengthwise, and remove the inside mix this up with a little milk and melted fat. Add a little mineed meat, of fish. etc., and seasoning. Replace into the skins, reneat and serve hot.

#### BROWN SPONGE PUDDING.

BROWN SPONGE PUDDING. Ingredients.—2 ozs. white maize flou, 2 ozs. oatflour or fine oatmeal, 2 ozs. semo-lina, 2 ozs. nuts or fat, 2 tablesp. treacle or syrup, 1 teasp. baking soda, 1 teasp. cinna-mon,  $\frac{1}{2}$  teasp. ground ginger,  $\frac{1}{3}$  gills water: Method.—Put the fat (chopped) or nuts, water and syrup into a pan and bring to the boil. Mix the remainder of the ingredients in a basin, pour on the boiling mixture and mix well. Put into a greased basin and steam for 1 $\frac{1}{2}$ -2 hours.

POTATO AND APPLE PUDDING.

**POTATO AND APPLE PUDDING**, Ingredients.—] Ib. mashed potato, t lb. fresh apples or 2 ozs. dried apples, t dried or fresh egg, j oz. dripping or margarine, flavouring, sugar or syrup to taste. Method.—Stew the apples and then sieve them. To this add the margarine (warmed) the potatoes, sugar and flavouring, mix in the.egg. Pour into a greased piedish and bake in a moderate oven 30 minutes.

Mearns Leader 26 April 1918

# **Bundle 1**

Hours - Saturdays, 9 to 12 Comp Meights & Measures Office, 27, Lodge Walk, Aberdeen, 2nd Duly, 1917. Draft rehly & enquiries from Seolail War Sauings Commutes (1) There is no enidence of any chirtage of Grad, Elour or Ulaf-lut there is a decided chirtage of engar; very few families in the hover and unidely classer being chill be hover the rations of 8 op her heren her week as laid down of the Soved Embedler (2) They can get small quantities of all the escential foods meantime with the exception of hotaldes very and . (3) Geo. of Briad Su Emeral Olsemation (4) This has his a hig euclaibnent in famey tiread owing to the Gooby Order hut it is questionable whether the come can be said blout loop tiread, Gotalows hing unstrainable treas her heen and is heing used largely as a culotilate. (5) not meantime. This question requires consideration Emeral Oleurvalions The only encloses of words of food has here received from Bakers. They maintain that the loaner, taked with the kowsment Blog m-firer at breast here milled known as the 81 her ent flow miles is further delated by mixing with flow estracted from mails, Rarly, Rice, Oals ste, will not teef in hot weather and runnlins of leasus with the areant of Samlary officers have had to be given to higs, to known going to see for a few days also emplain litterly alout the same thing and have her ampled to the non-interest tay guantities. Letter from the Aberdeen County Inspector of Weights and Measures to the Aberdeen County Clerk regarding food shortages in Aberdeenshire, 2 July 1917 (page 1) austy Clarks Office School Board Office THOMAS MACKIE, F.S.A.A Incorporated Accountant. CLERK 31 MAY 1917 ABERDHAN Peterhead 30th May, 1917. 31 MAY 1917 Dear Sir, PETERHEAD (BURGH) SCHOOL BOARD. Food Economy Campaign. I am directed to send you the annexed Excerpt from Minute of Meeting of the Board of date 17th instant. Yours faithfully Reourasileachie Wm. Murison, Esq., Clerk to the County Committee, Aberdeen. Clerk to the Board. EXCERPT from Minute above referred to:-Letter was read from the Rector reporting that as instructed at the Meeting of the Board held on 3rd instant he had made pro-visional arrangements for relieving Mrs. Wilson, Principle Teacher of Domestic Science, from her duties at the Academy for the re-mainder of the session, if necessary, in order that her services may be available in connection with the Sood Boonoxy Campaign which is being entered upon in Aberdeen and the Northern Counties on the initiation of the Socitish War Savings Committee with the approval of Lord Devenport, the Food Controller; he also enclosed letter from Miss J.C. Crawford, H.M. Inspretress of Cookery, &c., to Dr. George Smith, Director of Studies, Aberdeen, stating that she does not think it would be quite fair to allow Miss Webster, the student in Domestic Science who is presently taking her continuous practice in that subject at Peterhead Academy, to teach apart from Miss webster's services cannot, therefore, be entertained. The Hoard expressed surprise at Miss Crawford's attitude in regard to the proposed temporary appointment of Miss Webster, and instructed the Clerk to bring the matter under the notice of the Department, Dir-sector of Studies, and County Committee. EXCERPT from Minute above referred to: d. Co 

Letter from the Peterhead Burgh School Board to the Aberdeen County Clerk regarding the transfer of teaching staff to the Food Economy Campaign, 30 May 1917

Hours - Saturdays, 9 to 12. County Meights & Measures Office, 27, Lødge Walk, Aberdeen, 191 (2) No construction enidered has then received regarding this test there is no reason to doubt this elatiment. Bustien hater inclanced 2 "batches" of lossus, east tatch writering from 26 to 30 dofen lossus which were alsoledity reined in the lating. Shy were officed to the furmer classes in the lown at 7 each but num at this knew they end not be cold. Shy were eventually taken by the hater to a fuw of this farmer eventually taken by the hater to a fuw of this farmer eventually taken by the kono. It has been cliving to unged that the konon as 76 fun cent and also be reduced the amount of flower and half to form mails ele, which are all treent heing added. Dweinen Sursheetin of Weights rellias.

William Ellurison Esg: County Cark

Letter from the Aberdeen County Inspector of Weights and Measures to the Aberdeen County Clerk regarding food shortages in Aberdeenshire, 2 July 1917 (page 2)

President RT. HON. LORD ROWALLAN.		
Vice-Presidents. RIGHT HON. LORD KINNAIRD, D.L.		SCOTTISH
SIR WILLAN BILSLAND, BART., LL.D. SIR SANUEL CHIMOLU, BART., LL.D. SIR JOHN M. M CALLUM, M.P. SIR WM. WEDDERBURN, BART. RT. HON. SIR JOREPH P. MACLAY, BART ALEX. FORRETRE-PATON, ESQ., J.P.	Permissive Bi	ll & Temperance Association
Chairman of Executive. H. ELLIOT TICKLE.	County Clerk's Office	Offices-256 WEST GEORGE STREET
Hon. Treasurer W. B. Dobbon. Hon. Secretary R. A. Bird Secretary W. J. Allison.	25 APR 1917 ABERDIEEN	<b>Glasgow</b> , April 24th, 1917
To the		
	f Aberdeen Coun	ty Council.
Dear Sir,	100 A. 100 A	Executive to present compliments
advisability o or resolution, immediately suu liquors during Edinburgh last resolution and this policy. County Council great weight w. such a step wou in urban areas seriously from more and more o sentative bodit privations and and the Execut	f appealing to His a to safeguard the for spending the manufast the period of the V the Convention of R month adopted by an many public bodies the Executive are st s of Scotland would the the Government. Id have the whole her whose incomes are 3 the present unforti the situation as reg pritical and it is on st o encourage the hardship. A sugges ive will be pleased forwarded copies to	st meeting to consider the (ajesty's Government, by Memorial cod supplies of the people by sture and sale of all alcoholic Par and the time of demobilisation overwhelming majority such a have signified their approval of rongly of opinion that if the take similar action it would have They are also convinced that arted support of the householders imited and who are suffering mate economic War conditions. ards food supplies is becoming enoumbent upon all public repre- Government to prevent needless ted form of resolution is annexed to hear that your Council have o the Members of the Government
		faithfully,
		W.J. allism Secy.

Circular Letter from the Scottish Permissive Bill and Temperance Association about suspending the manufacture and sale of alcoholic drinks in order to preserve grain supplies during time of War, 24 April 1917

